



Department of  
**Mental Health &  
Substance Abuse Services**



Never doubt that a small group of  
thoughtful, committed citizens  
can change the world.

It is the only thing that ever has.

– Margaret Meade

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**One Team | One Vision**

*Just in time for National Recovery Month, TDMHSAS hosts collaborative training sessions focused on combatting substance use disorder and saving lives.*

NASHVILLE, Tenn.—The Tennessee Department of Mental Health and Substance Abuse Services premiered its One Team|One Vision video profiles featuring the stories of people across the state who are working at the community level to improve the lives of Tennesseans affected by substance use disorder.

The people profiled in the 21 videos include individuals working in several different programs:

**Care Teams:** Partner with law enforcement to meet with people and families after an overdose

**Faith-Based Community Coordinators:** Empower congregations to impact addiction among their members and in their communities

**Lifeline Peer Project:** Increase recovery supports and connect people with treatment resources

**Regional Overdose Prevention Specialists:** Overdose reversal training & naloxone distribution

**Tennessee Recovery Navigators:** Meet people in emergency departments after an overdose

The videos were captured at the One Team|One Vision training held this summer. The purpose of this inaugural two-day event was to: improve coordination and collaboration among programs and state departments, inform and ensure consistent messaging statewide, educate about services available statewide, and inform community programs of our vision for opioid-related initiatives.

[Read the full press release.](#)



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*Meet Tennessee's Recovery Change Agents . . .*

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Members of the Lifeline Peer Project and Faith-Based Community Coordinators led by Dr. Monty Burks (front row, far left). Learn more about the [Lifeline Peer Project](#) and connect with a representative near you. Visit our website to learn more about [TN's faith-based recovery efforts](#) including how to become a certified recovery congregation!



TN Recovery Navigators and supervisors led by Noelle Suarez-Murias (back row, far left) Learn more about the [TN Navigator program](#), including data and hospitals served.





CARE Team members led by Thomas Pitt (back row, second from left)



Regional Overdose Prevention Specialists led by Program Manager Kelly Smith (seated, middle, left) and Tony Jackson, Director of Prevention (back row, second from the left). To learn more about the work of Tennessee's ROPS and to find a prevention specialist in your area, [visit our website](#).

Hear from 21 of our community change agents in their own words in our [One Team | One Vision video series found on our website](#).

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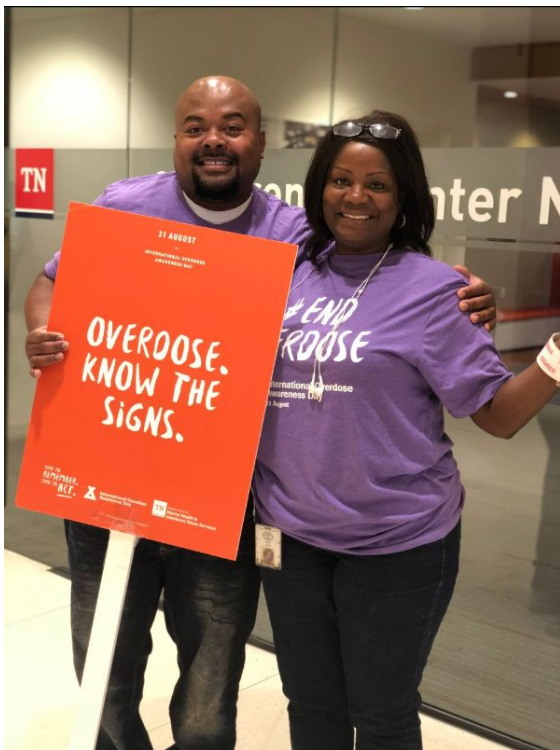


# TDMHSAS, partners hold week of training events around Overdose Awareness Day

NASHVILLE, Tenn.— In 2017, 1,268 Tennesseans died from opioid-related overdose. Through the work of the Regional Overdose Prevention Specialists (ROPS) across the state, more than 5,000 lives have been saved, and about 60,000 units of naloxone have been distributed.

To mark International Overdose Awareness Day, held annually on Aug. 31, the Tennessee Department of Mental Health and Substance Abuse Services and partners conducted a week of awareness events to empower people to create change and reduce deadly drug overdoses in their communities. Events included a mass training for TDMHSAS employees and employees from other state departments. Staff from the Division of Substance Abuse Services carried educational signs and welcomed employees as they entered the state building for training.

(Pictured left) Prevention Specialist Horace Pulse and Benita Hayes, State Opioid Response



Coordination, urge passersby to know the signs of overdose.

You can watch [the entire training on our facebook page.](#)

The Regional Overdose Prevention Specialists who cover all Tennessee counties also held trainings in communities statewide.

Thanks to Regional Overdose Prevention Specialists Josh Crews and Stephen Mason (pictured right) for hosting an awesome training at Central Office and for all that you do to raise awareness and save lives! To find a Regional Overdose Specialist or a training near you, [visit our website.](#)





Commissioner Williams and Deputy Commissioner Matt Yancey sport their purple overdose awareness shirts alongside the Division of Substance Abuse Services led by Assistant Commissioner Taryn Sloss and Deputy Assistant Commissioner Bev Fulkerson.



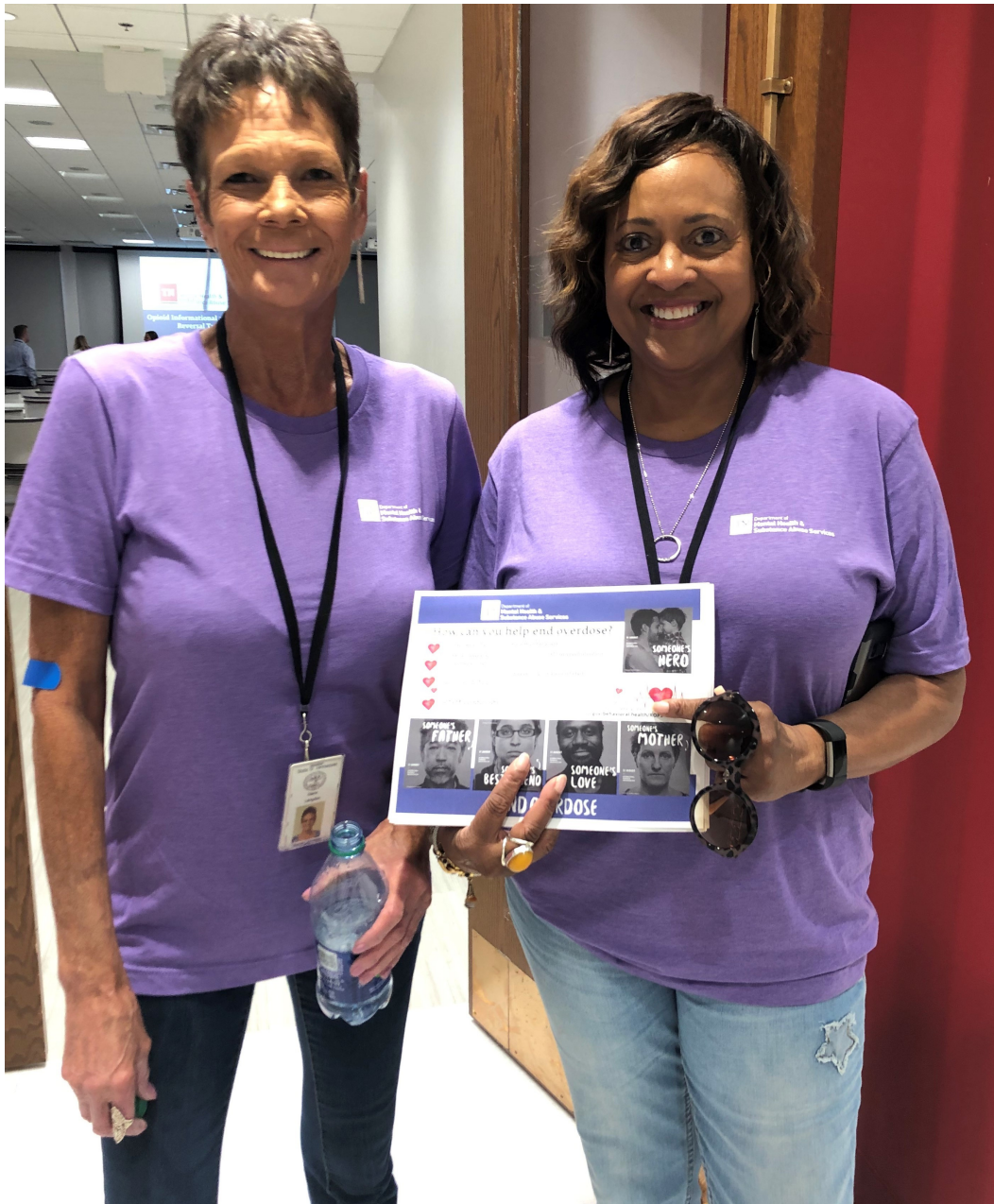
Treatment Specialist Hilary Daugherty; Melvin Smith, Assistant Director in the Office of Treatment & Recovery Services; and Treatment Specialist Donathan Knowles say: "No more stigma! No more shame!"





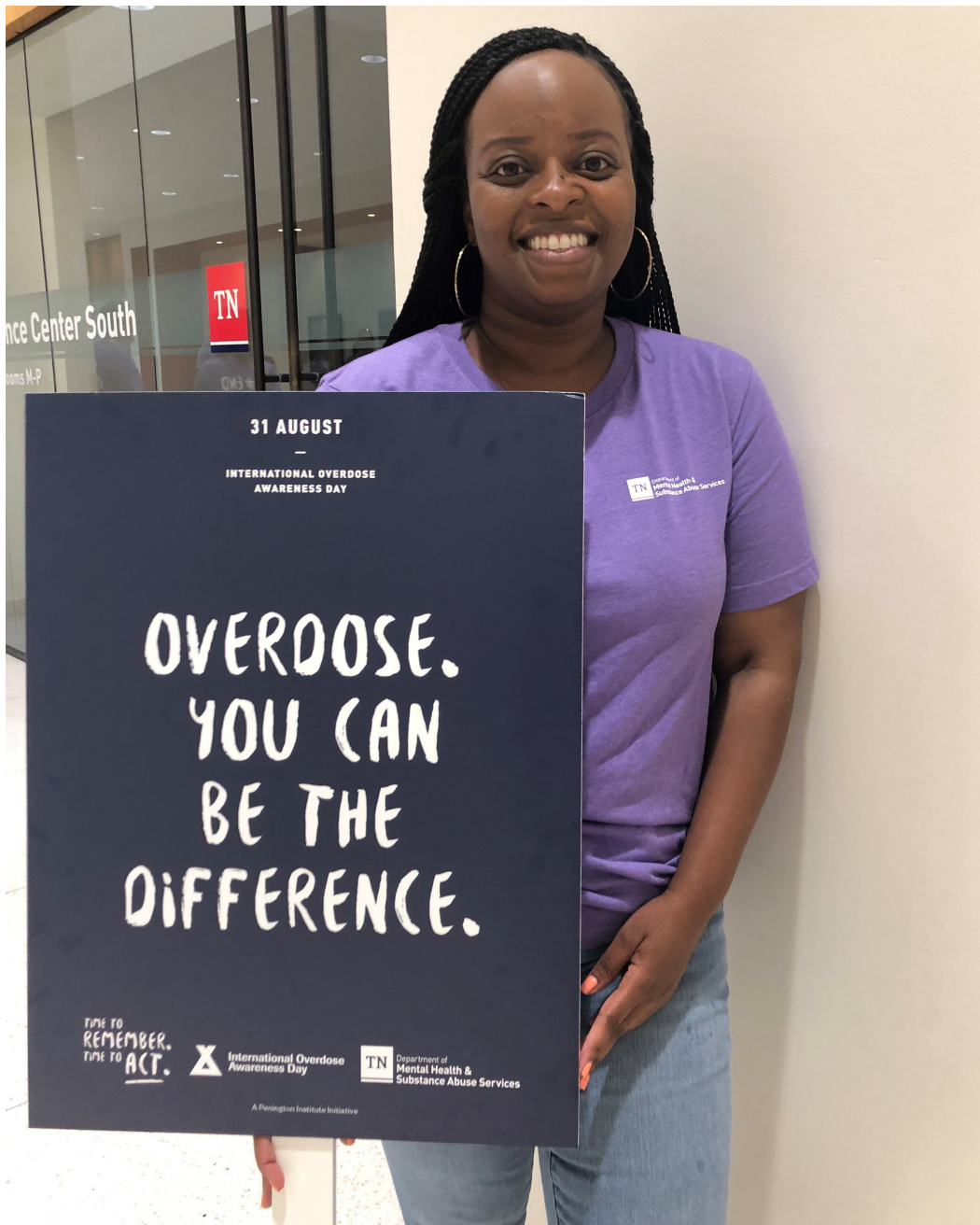
Two of our fearless leaders in the Division of Substance Abuse Services with an important message about prescription medication.

(Left) Ellen Abbott, Director of the Office of Criminal Justice Services, and Bev Fulkerson, SAS Deputy Assistant Commissioner



Diane Langdon and Ardana Miller, Specialists in the Office of Criminal Justice Services, share a handout with recovery resources.





Sheba Green, Program Manager for SBIRT (Screening, Brief Intervention and Referral to Treatment) reminds us: You can be the difference!



Crosses were placed throughout the state to signify lives lost to overdose. This display was erected at the City County Building in Knoxville. Each cross represents a life lost in Knox County.

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## Introducing the members of the TDMHSAS Commissioner's Leadership Academy #2



*By Alyssa Cave, Assistant Director of Talent Management*

The Department of Mental Health and Substance Abuse Commissioner's Leadership Academy is a



competency-based leadership development program designed specifically for the department. Participants engage in a rigorous leadership development study that is based on core competencies identified by our executive leadership team. These competencies include: managing diversity, innovation management, self-knowledge, drive for results, conflict management, and organizational agility.

The second cohort of the academy met for orientation Aug. 28 and will graduate in October. The Commissioner's Academy is an open application process. Any staff member is welcome to apply. Applications for the next cohort will go out at the end of this year.

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## TDMHSAS hires Medical Director for Community Behavioral Health

*Dr. Sanford Herman brings 35 years' experience in emergency department medicine to this new role*



NASHVILLE, Tenn.— The Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) is pleased to announce the addition of Dr. Sanford Herman as the department's medical director for community behavioral health. Dr. Herman has 35 years of experience as an emergency department physician and is a past president of the Tennessee College of Emergency Physicians.

In this new role, Dr. Herman will work with hospitals across the state and train emergency department physicians on techniques for stabilizing patients experiencing a psychiatric crisis with a goal of ensuring that patients receive the right care in the right place at the right time. Gov. Bill Lee and the Tennessee General Assembly included new funding for the position in the department's FY20 budget.

"Dr. Herman enriches our team with decades of experience in emergency medicine. His proven ability to communicate with

emergency department physicians is going to produce positive outcomes for Tennesseans experiencing psychiatric emergencies and for our partner hospitals across this state," said TDMHSAS Commissioner Marie Williams, LCSW.

The creation of the role of medical director for community behavioral health is a product of the department's collaborative work with the Tennessee Hospital Association (THA) and the Tennessee College of Emergency Physicians (TCEP). Starting in 2016, the partners formed a workgroup to address the length of time that psychiatric emergency patients waited in hospital emergency departments before securing placement at inpatient psychiatric hospitals. This workgroup produced a comprehensive evaluation of the current landscape as well as protocols for emergency department physicians to start

psychiatric treatment and refinements to the state's Certificate of Need process for involuntary commitment.

"Tennessee is truly a leader in the nation when it comes to providing emergency department care for adults and children experiencing mental health emergencies," said Sanford Herman, MD, MS, FACEP. "I am excited to build on the work of my colleagues and further refine the methods our state's emergency physicians employ to compassionately care for people at a very vulnerable time."

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## Electronic clinical records project gets national attention, honors

Congratulations to the TDMHSAS Information Technology staff and everyone on the Electronic Clinical Records project! They are among the 30 finalists nationwide recognized by The National Association of State Chief Information Officers for its annual awards presentation. "Using IT to Provide Better Patient Care" was chosen to represent the Business Process Innovation category. Congrats also to the finalists from Tennessee Department of Correction, TennCare, and Tennessee Department of Revenue.

[Read the press release](#) to learn about all the TN projects nominated.

[Government Technology Magazine coverage of the Tennessee nominations](#)

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## It's a collaborative effort to expand Safe Baby Courts

Safe Baby Courts uses a team approach to keep young children and families together. Everyone represented in this photo is focused on that goal including Commissioner Williams, Department of Children's Services Commissioner Jennifer Nichols, TN Senator Ferrell Haile, TN Juvenile Court Judges, and others who recently gathered as preparations are made to expand Safe Baby Courts from seven locations statewide to 12.

*Courtesy TN Department of Children's Services*





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## Employment First Task Force publishes report; Gov. Lee visits workplace serving as role model, changing lives



We're proud to join with Gov. Bill Lee and our partners on the Employment First Task Force to present the

2019 Expect Employment Report. This annual report details the work done by the task force to increase employment opportunities for people with disabilities in Tennessee. This presentation was West Tennessee Healthcare which is home to Pathways Behavioral Health. Pathways is one of our IPS Supported Employment providers, and the team you see pictured with the governor does the life-changing work that makes the program a success. [You can read the report at this link](#)

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## More than 250 people attend 2nd Annual Medication Assisted Treatment Training Institute in Franklin



The department held its second annual Medication Assisted Treatment (MAT) Training Institute event Sept. 6 in Franklin. More than 250 people turned out to learn more about the role of MAT in addressing substance use disorder. This year's event focused on creating connections and featured three tracks: community, clinical, and law enforcement. Attendees reported overall they greatly enjoyed the conference and want to learn more!



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## Central Office Welcomes Anne Hazlett, White House Office of National Drug Control Policy



The department was pleased to meet with Anne Hazlett who serves as the Senior Advisor For Rural Affairs with the White House Office of National Drug Control Policy.

Ms. Hazlett utilized her visit to Nashville to learn more about our state's efforts to address substance use disorder with a special focus on rural areas and

faith-based initiatives.

Pictured, left to right: Jaime Harper, David Hodges, Will Taylor, Commissioner Williams, Dr. Monty Burks, Anne Hazlett, and Allen Burnette.

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## Behavioral Health Safety Net program expands services

*By Katie Lee, Director, Behavioral Health Safety Net*

In FY20, some exciting additions and expansions are happening with the Behavioral Health Safety Net (BHSN), the department's program that provides essential outpatient mental health services to uninsured Tennesseans who meet eligibility criteria through a network of participating community mental health centers.

Beginning in FY18 and throughout FY19, a BHSN Transportation pilot project was implemented to help with transportation needs to behavioral health services for individuals enrolled in BHSN. With feedback from providers, BHSN Transportation was comprehensive in its service definition by giving BHSN providers multiple avenues to provide transportation based on an individual's needs and options. In FY20, based on the results from the pilot project, BHSN Transportation became a permanent, standard option in

the BHSN service array. Two additional BHSN Transportation per diem rates were added, again based on provider feedback, to allow more flexibility and creativity in how the BHSN Transportation is utilized. In FY19, more than 4500 individuals accessed BHSN Transportation services.

TDMHSAS was privileged to expand eligibility criteria to the BHSN made possible through an additional \$5 million dollar allocation in Gov. Bill Lee's budget approved by the legislature specifically to the BHSN. Based on provider feedback on gaps of service, the BHSN income eligibility was increase from 100% to 138% of the Federal Poverty Level on July 1, 2019. For an individual, the new annual income amount rose from \$12,490 to \$17,236. For a household of four, the new annual income amount rose from \$25,750 to \$35,535.

This change in income eligibility was welcomed wholeheartedly by BHSN Provider Professional Care Services of West TN, Inc.'s CEO/Executive Director, Jimmy Jackson, who said, "...substantially more rural Tennesseans will be eligible for Behavioral Health Safety Net Services – particularly aiding those individuals who live in two 'distressed' West Tennessee counties within PCS's service area (Lauderdale and Lake) from among the 15 'Distressed Counties' across the state. What this means is that more rural 'working poor' individuals who already are barely able to make ends meet will be able to continue working and remain eligible to receive needed behavioral health services without interruption."

Raising the income eligibility will allow 7,000 more Tennesseans across the state to receive BHSN services. Ruth vanBergen, Senior Vice President of Operations at Mental Health Cooperative, said: "These individuals who will now have access to BHSN services had previously been ineligible due to making just over the income guidelines – often times leaving them without treatment options. This is a great step to improving access to behavioral healthcare for uninsured Tennesseans who are experiencing mental illness and struggle making ends meet."

BHSN expanded eligibility criteria further in FY20 by lowering the minimum eligibility to 18 years old. Previously, the BHSN served individuals 19 years old and older. This change in policy will enhance the safety net to reach youth and young adults transitioning into adult behavioral health services.

The invaluable feedback from providers and advocates coupled with TDMHSAS's desire to serve more Tennesseans with behavioral health needs and the generous increase in BHSN funding from Gov. Lee have allowed these changes in the Behavioral Health Safety Net for FY20.

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## Coalition Corner

Substance abuse prevention coalitions are focused on preventing and reducing substance abuse, but their work and impact goes beyond. This month, we're sharing a few highlights. If you, your family, your workplace, or your neighborhood would like to join the effort to help prevent and fight addiction close to home (and support your community in a myriad of ways), [visit our website to find a coalition near you!](#) Volunteers are always welcomed, needed, and appreciated!



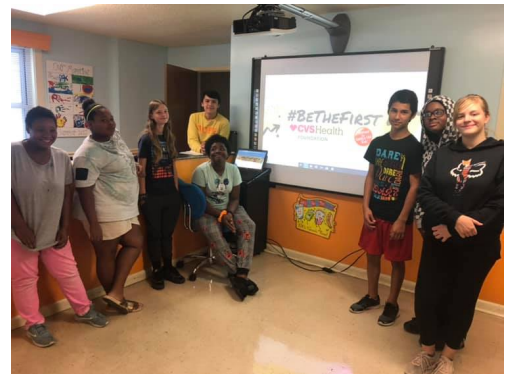


ASAP of Anderson cleaning up the streets in more ways than one!



The Sevier County C.A.R.E.S. Coalition spent some time with the Walter State Community College Regional Law Enforcement Academy teaching about prevention and sharing about available resources before, during, and after an arrest.





Youth from the Power of Putnam coalition are determined to "Be the First" tobacco-free generation and attend trainings to do just that.



Many community leaders in Franklin County came together to proclaim September as National Recovery Month. In addition to the Franklin County Prevention Coalition and Allen Burnette from Lifeline, in attendance are Franklin County Mayor Richard Stewart, members of law enforcement, the Tennessee Alliance for Drug Endangered Children, Franklin County Rural Re-Entry, TN Save A Life, Franklin County Juvenile Recovery Court, 12th Judicial District Recovery Court, Franklin County Community Corrections, Franklin County Probation, Franklin County Faith-Based Coalition, Centerstone, Health Connect of America, Campora Family Resource Center, and the Franklin County Bridge Program.

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## Staff News & Accomplishments

*Maureen Sadler celebrates 50 years of service at Western Mental Health Institute*

*By Lisa Coleman*

*An excerpt from the Western Mental Health Institute newsletter*

What can be accomplished in 50 years and how do you reward someone who has had a career of 50 years – and counting in mental health care? For Western Mental Health Institute employee Maureen Sadler, Unit Clerk, the accomplishment and the answer is all about service to others. “The reward of





working here has been – and still is – knowing that you had a chance to have an impact on someone’s life that allowed them to go forward and enjoy their life. The people here – patients and our staff – are hands down the best part of working here over all these years,” Sadler said.

Sadler, affectionately known by staff and patients as “Mo,” celebrated her 50<sup>th</sup> year of state service on June 1, 2019, and all 50 of those years have been at WMHI. “I never thought about working here for 50 years, or working another year “just to get to 50,” she said. “I just came in each day and did my work. When I came here I was looking for a place where I could have a career, not just somewhere to work a few years and then move on. I always looked at this as a long-term place to work; I just never imaged it would be for 50 years!”

Fifty years is a long career but Sadler is familiar with long journeys, having come to Bolivar, Tennessee by way of England. “I was born in London, England; both of my parents worked in mental health care in England. My Dad was a Psychiatric RN and my Mom worked as what we would call at Lead Technician at Severals Mental Hospital in Colchester, England.” When Sadler was 13 years old the family immigrated to the United States, and her father started working at WMHI, eventually becoming the hospital’s Nursing Service Administrator.

Sadler started her career as a Psychiatric Technician. “I really wanted to be a nurse, but at that time in my life I was a single mom with two boys to take care of, so I starting work at Western as a Tech.” She worked for 15 years as a Psychiatric Technician and then worked as the Unit Clerk for the Dunn Building (long-term women’s units). “This is the only job I have ever had,” Sadler said. “I would try to approach each patient I dealt with by having an attitude of what can I do today to help this person out, to help them have a better day today. ... Being able to make someone smile some days made all the difference in how their day, and mine, would go. ... Every day we have to remember that each patient is a person and we need to show kindness.”



Sadler (pictured right with longtime WMHI CEO Roger Pursley) said she learned early in her career that the smallest thing can have a huge impact on an individual. She has always tried to encourage new employees to remember that “our patients are people, and we need to put ourselves in their place and think about how we would like to be treated and cared for.”

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### *Filisha James is named Assistant Director of Housing & Homeless Services*

Congratulations to Filisha James, the new Assistant Director for the Office of Housing and Homeless Services. Prior to her accepting this role, Filisha assisted Director Neru Gobin in the day-to-day operations of the office. To the Assistant Director position, Filisha brings professional experience in the principles of recovery housing from her work at Renewal House where she was employed prior to coming to TDMHSAS.

Filisha has also served Tennesseans as a Managed Care Specialist 3 at TennCare and was the Program Coordinator for Juveniles at St. Charles Youth and Family Services in Nashville.

Filisha has a Bachelor of Science degree in Criminal Justice Management with a minor in Human Resources. She has been married for 19 years and has three children and four grandchildren.



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### *Joanne Perley joins the Office of Crisis Services & Suicide Prevention*

Welcome Joanne Perley who joins our Department as the Project Director for Suicide Prevention. A Tennessee native, Joanne is an alumna of the University of Alabama at Birmingham, where she obtained a master’s degree in Public Health with a primary focus on health behavior and suicide prevention. While in Alabama she worked with the Department of Health as an intern overseeing their Garrett Lee Smith funding.

Preceding her master’s degree, Joanne studied at Emory University receiving a bachelor's degree in English. She is a certified Master QPR Trainer, Master Applied Suicide Intervention Skills Trainer, SafeTalk trainer, and Youth Mental Health First Aid instructor. At the Tennessee Suicide Prevention Network (TSPN), Joanne served in a variety of roles in her three-year tenure, including grant writing and reporting, regional engagement, and more with an overall focus of the public health approach towards suicide prevention.





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## *Tamiko Webb, who began her hospital career as a psych tech, earns Ph.D. in Clinical Psychology*

Tamiko Webb is known at Middle Tennessee Mental Health Institute for her infectious laugh and day-brightening smile. For more than 16 years, she has been a vital member of MTMHI's hospital community, who co-workers describe as being fun, loving, kind, peaceful, and easy to talk to. Colleagues are celebrating with Tamiko as she has earned her Ph.D. in Clinical Counseling, Teaching, and Supervision.

Dr. Webb's career began when she worked as a psychiatric technician for more than 10 years while she earned her bachelor's and master's degrees. While completing her doctoral program, Tamiko worked as a Mental Health Inpatient Coordinator, her current position. She hopes one day to work in private practice in the mental health field; she has a passion for working with people who are vulnerable.

Her path hasn't always been easy. When starting the doctoral program at Trevecca Nazarene University, Tamiko's cohort started with 11 students; she was one of two to actually graduate. Statistically, only 3% of people obtain their Ph.D. and of that 3%, less than 1% is African American. When reflecting on her doctoral journey, Tamiko says, "I didn't realize the sacrifice, humility, and the unknowns, but it allowed me to trust the process in everything I do."



Congratulations, Dr. Webb!

*Submitted from Mental Tennessee Mental Health Institute*

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### *Nurse Supervisor Maycelin Ramos earns Doctorate of Nursing Practice*

The Nursing Department at Middle Tennessee Mental Health Institute is proud to announce Maycelin Ramos, RN3 Nurse Supervisor, has graduated with her Doctorate of Nursing Practice and passed her Nurse Practitioner licensure exam.

Dr. Ramos started with MTMHI in 2010 as a RN2 working on Unit B in our Extended Treatment Program. It did not take long before she was promoted to RN3 Unit Manager of Unit B. In 2013, she became a Nurse Supervisor in the Staffing Office where she has been an indispensable resource. Before she came to MTMHI, Maycelin practiced nursing in the Philippines and in California.

She has been an integral member of our team, and we appreciate all that she has done for us over the years. We support her and wish her success in any future endeavors as a Nurse Practitioner. Congratulations, Macy!



*Submitted from Mental Tennessee Mental Health Institute*

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### *Gwen Hamer is honored at Nashville church's 130-year anniversary celebration*

Congratulations to Gwen Hamer who was presented the J.T. Easley Acceleration Award at Watson Grove Church's 130-year anniversary gala Aug. 1, 2019.

Gwen works in Central Office as Program Director of Education and Development and Coordinator of Title VI Compliance. For more than 43 years, Gwen Hamer has served as a partner at Watson Grove Church. She was responsible (along with the late Rev. Curtis W. Goodwin, Sr.) for establishing the church's involvement in the Suicide Prevention and African American Faith Communities Coalition in Nashville.

Gwen has also been very involved in other church ministries. Currently, she serves on the Scholarship Ministry, the Diaconate Ministry, the Willing Workers Ministry, and Co-Team Leader of the Seniors Moving Forward Ministry.





Gwen is pictured with Pastor John R. Faison and his wife Minister Alethia Faison.

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### *Western says farewell, thanks, and happy retirement to Melvin Ewell*



Following 41 years and four months of service, Melvin Ewell (Forensic Services) celebrated his retirement with family, friends, and co-workers at a reception in his honor. He was presented a certificate of appreciation by (left) Ernest Jones, Assistant Superintendent for Program Services and Roger Pursley, WMHI CEO.

"I will be leaving with many wonderful memories of WMHI," Melvin said. "Thanks to all who attended my retirement party. Much

love to those that planned, served, and contributed to the great gifts I received. Thanks again for your teamwork in my 41 years and 4 months of service at WMHI."

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## **In Memorium**

Last month, Central Office and the Division of Fiscal Services said goodbye to longtime accounting manager Mike Drewry, 61, who passed away following a brief battle with cancer. Born in Union City, TN, Mike enjoyed small-town life and developed a strong sense of family. He received his Masters in Accounting from the University of Tennessee at Martin, was an avid Vols fan, and spent his career as a "numbers guy." Colleagues remember Mike fondly both for his character and for his work. "One of the most decent people it has been my pleasure to have known, you will be missed," said Mark Stevens. "Thank you for the impact you had on me personally, and thank you for being an excellent role model for



what others can be," said Bill Jackson. "You did well, my friend. Thank you." Former Assistant Marthagem Whitlock said, "So many times I have appreciated Mike's expertise, his kindness to help me on budget issues and his constant willingness to help us be the best we could be. "Gone but never forgotten," said Melvin Smith. "You left a lasting impression on all of us. Thanks for being you."

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## Congrats to the TDMHSAS Wellness Council!



The TDMHSAS' Wellness Council was recognized at the Working for a Healthier Tennessee Annual Awards Ceremony for "Most Creative Wellness Council 2019." From yoga classes and mindfulness workshops to the Veterans Day chili cook-off and therapeutic art classes, TDMHSAS stood out among all participating departments. A special thank you to Lisa Ragan, Bev Fulkerson, and Alicia Robeson as well as all participants within the department that helped make each activity fun, educational, and successful.

Pictured, left to right are: Wellness Council Chair Kirby Fye, Dwan Grey, Co-Chair Cris Pollard, Michelle Webster, and Bobby Golden.

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# Recreational therapy, ice cream, and self-care improve lives!



*Submitted from Middle Tennessee Mental Health Institute*

July was Recreational Therapy Month, and the week of July 7 is National Recreational Therapist Week! Our hospitals use this time to raise awareness of therapeutic recreation programs and services that improve the well-being of individuals with physical, mental, and emotional disabilities. Recreational therapy helps alleviate stress and other issues that a person or a community face. A few examples of recreational therapy include: expressive arts, sports and exercise, horticulture, and guidance for reintegration into the community. We love this photo (above) of some of our recreational therapists from Middle Tennessee Mental Health Institute. Keep up the great work!

And (below) Moccasin Bend's Retention and Morale Committee held an ice cream social with an emphasis on ideas for self-care and stress relief. Kudos to everyone who makes self-care a priority and practice! Pass the hot fudge sauce, please.



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## Mark your calendar . . .

### *Licensed provider trainings happening statewide*

These trainings are designed to enhance licensed providers' knowledge of applicable rules and regulations and give providers the ability to network with one another. The sessions will include speakers from Disability Rights Tennessee, local Fire Safety & Prevention jurisdictions, state Managed Care Organizations and TDMHSAS Office of Licensure. Session topics include: critical incident reporting, policy and procedure best practices, regulatory changes for certain categories of services, fire safety, financial record keeping requirements, and much more. The upcoming training schedule is below.

#### Murfreesboro

Friday, Oct. 18

8 a.m. to 3:30 p.m. CDT

Patterson Park Community Center

#### Memphis

Friday, Nov. 8

9:30 a.m. to 5 p.m. CST

Benjamin L. Hooks Public Library



Knoxville

Friday, Nov. 15

8 a.m. to 3:30 p.m. EST

Sarah Simpson Professional Development Technology Center

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The poster features a green background with a butterfly and the title "2019 Suicide Prevention Conference" in white cursive. Below the title, it reads "The Suicide Prevention and the African American Faith Communities Coalition (SPAAFCC) PRESENTS 'SUICIDE AND TRAUMA PREVENTION: BUILDING RESILIENT COMMUNITIES'". A blue circular badge on the right says "YOUTH, SENIORS, ADULTS & MULTI-FAITH COMMUNITIES WELCOMED!". The event details include the location "Community Fellowship Hall, St. James Missionary Baptist Church, 600 28th Ave N. Nashville, TN 37209" and the date "October, 18th 2019 | 8AM - 3:30PM". Registration information includes "Register on Eventbrite.com by 10.3.19" and a link to the event page. A note states "Youth Must Register By Email Through Gwen.Hamer@tn.gov". The bottom of the poster displays logos for Metro Public Health Dept, Tennessee Suicide Prevention Network, BlueCare Tennessee, Amerigroup, UnitedHealthcare, KIDLINK TREATMENT SERVICES, NAMI, CENTERSTONE, TAADAS, MARY HARRY VANDERBILT ALLIANCE, FAMILY & CHILDREN'S SERVICES, and SPAAFCC.

The Department of Mental Health and Substance Abuse Services is partnering with the Suicide Prevention and the African American Faith Communities Coalition and Tennessee Suicide Prevention Network to sponsor the Suicide and Trauma Prevention: Building Resilient Communities Conference Oct. 18 at Saint James Church located at 600 28<sup>th</sup> Avenue North.

Everyone is welcome. Register here: <http://bit.ly/2YzW6Ef>

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# SAVE THE DATE

November 7th and 8th 2019

## FAITH & RECOVERY NAVIGATING THE LIFELINE



Trevecca Nazarene University | 333 Murfreesboro Pike | Nashville, TN 37210

[Register for this two-day, can't-miss conference here!](#)

## Regional Planning & Policy Council Meetings scheduled through November

For a list of all scheduled TDMHSAS Planning & Policy Council meetings, including Statewide and Committee meetings scheduled through this November, [please visit our website](#). Meeting dates are subject to change.

### Upcoming Regional Planning & Policy Council Meetings

Region VI	Tuesday, Oct. 8	1:30 p.m. - 3 p.m. CT	Pathways 238 Summar Drive Jackson, TN 38301 AIM Center
Region III	Tuesday, Oct. 17	10 a.m. - 12 p.m. ET	472 W. MLK Blvd. Chattanooga, TN 37402
Region VII	Tuesday, Oct. 22	11:30 a.m. - 1:30 p.m. CT	Lowenstein House East 6590 Kirby Center Cove Suite 103 Memphis, TN 37217
Region IV	Wednesday, Nov. 6	11 a.m. - 1 p.m.	TAADAS



		CT	1321 Murfreesboro Pike Suite 130 Nashville, TN 37217
Region V	Thursday, Nov. 7	9:30 a.m. - 11:30 p.m. CT	TAADAS 1321 Murfreesboro Pike Suite 130 Nashville, TN 37217
Region I	Tuesday, Nov. 12	10 a.m. - 12 p.m. ET	Frontier Health Corporate Offices 1167 Spratlin Park Drive Gray, TN 36715
Region II	Wednesday, Nov. 13	11:30 a.m. - 1:30 p.m. ET	Helen Ross McNabb Center Training Room 201 West Springdale Avenue Knoxville, TN 37917

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In the event of a **MENTAL HEALTH EMERGENCY:**

**Call 855-CRISIS-1**

**\*855-274-7471**

For confidential help  
from a caring crisis professional  
in your area, available

**24 hours a day, 7 days a week.**

This is a free call.

You can also text TN to 741741.



**To learn more about Crisis Services in the State of Tennessee, [visit our website.](#)**

**For questions about substance abuse treatment,  
Call or Text the Tennessee REDLINE  
800-889-9789**

*We hope you've enjoyed this issue of the Update!  
If you have news to share (a story idea, accomplishment,  
provider news, etc.) or if you'd like to be added to the  
distribution list, please email:*

*The Office of Communications at [OC.TDMHSAS@tn.gov](mailto:OC.TDMHSAS@tn.gov).  
And connect with us on social media!*



Find us on  
**Facebook**



**Woohoo!**



**6,000 likes!**  
Thank you,  
facebook family!



Department of  
**Mental Health &  
Substance Abuse Services**



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Website