



TENNESSEE
COMMISSION ON
**CHILDREN &
YOUTH**

THE ADVOCATE

Hello November: A Note of Gratitude



Welcome to our November newsletter. This month, let's remember to express our gratitude to the professionals who dedicate their time, energy, and passion to nurture and educate our children. Whether you're a parent, a teacher, a healthcare provider, or simply someone who cares about the future, we can all play a role in supporting the well-being and development of the youngest members of our community.

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Children and Youth Articles



Parents as Teachers' Black Doula Group Lends Support to Moms' Birthing Process. A doula is a trained professional who provides emotional, physical, and educational support to an expectant mother during pregnancy, labor, and in the weeks following birth. As additional, non-clinical supports to new mothers, doulas work to improve health outcomes and help mothers design a birth plan and advocate for themselves during pregnancy, during the birthing process, and beyond.

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The farming labor force has a big problem, it's rapidly aging and the younger generation is not rushing to join them. So, what does this mean? If the country doesn't recruit new farmers or adapt to having fewer, older ones, it could put the nation's food supply at risk. Before panicking, though, it's worth asking: Why is this happening? Click the link to learn why and find resources for rural communities.

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The Israel-Gaza war is distressing and children and teens may be wondering why this violence is occurring and what else will happen in the future. Like adults, they're better able to cope with upsetting news and images when they understand more about the situation. Click the link to find



Juvenile justice systems are in crisis. Juvenile corrections and probation agencies have long struggled to recruit and retain front-line staff. As a result, public agencies are struggling to provide youth with even basic supervision and services and to safeguard the well-being of their staff and the

suggestions to help parents and caregivers support children in a constructive and helpful way.

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youth they serve.

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How are U.S. parents raising their children these days, and how does their approach compare with the way their own parents raised them?

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Mental Health Resources

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The Kids of Rutherford County



In the spring of 2016, a video of kids fighting in Rutherford County, was posted on the internet and caught the attention of a local police officer. She began an investigation that led to the arrest of 11 Black schoolchildren, some as young as 8 years old, for watching the fight and not stopping it.

The arrests rattled the local



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community and beyond. But many who worked inside the Rutherford County juvenile justice system didn't see a problem. What the outside world would eventually learn was that this county's justice system had been locking up kids, illegally, for years.

A four part series podcast on the topic launched last week.

[Listen Now](#)

Calendar of Events

Friday, Nov. 3 - Resilient Tennessee Regional Summit: Calhoun's on the River, 400 Neyland Dr. Knoxville, TN.

Thursday, Nov. 9 - ALICE Conference: 605 Airways Boulevard Jackson, TN

Thursday, Nov. 9 - Home Visiting Leadership Alliance: Lentz Public Health Center, 2500 Charlotte Ave. Nashville, TN.

Wednesday, Nov. 15 - Resilient Tennessee Collaborative Meeting: Midtown Hills Police Precinct, 1441 12th Ave. South Nashville, TN 37203

The Tennessee Commission on Children and Youth | [Website](#)



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