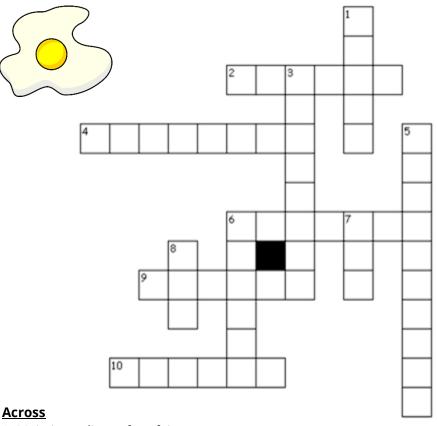


Breakfast Crossword





- 2. Main ingredient of parfaits
- 4. Blended drink that can include fruits and vegetables
- 6. Whole grain that can have additions such as cinnamon, raisins and apples
- 9. Often sliced into cereal
- 10. Warm drink that peps people up

<u>Down</u>

- 1. Topping for pancakes
- 3. Hot drink filled with antioxidants (2 words)
- 5. Type of toast that is a healthy choice (2 words)
- 6. Fruit filled with vitamin C
- 7. This can be made into an omelet with vegetables such as spinach, mushrooms and onions
- 8. Topping for toast







